

**Limitations
and Excuses**

**What do you prefer
to hold in mind?**

<i>They won't let me.</i>	
<i>It's not my nature.</i>	
<i>I can't afford it.</i>	
<i>No one will help me.</i>	
<i>They're all against me.</i>	
<i>It's not fair.</i>	
<i>It has never happened before.</i>	
<i>I'm not strong enough.</i>	
<i>I'm not smart enough.</i>	
<i>It is going to be difficult.</i>	
<i>It's going to be risky.</i>	

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and Excuses**

**What do you prefer
to hold in mind?**

<i>It will take a long time.</i>	
<i>There will be family drama.</i>	
<i>I don't deserve it.</i>	
<i>I can't figure it out.</i>	
<i>I'm too old.</i>	
<i>I'm too young.</i>	
<i>I'm not lucky.</i>	
<i>It's too big.</i>	
<i>I don't have the energy.</i>	
<i>It's my family history.</i>	
<i>It's just the way it is and I can't do anything about it.</i>	

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**What do you prefer
to hold in mind?**

<i>I never win at things.</i>	
<i>I'm too busy.</i>	
<i>There's not enough time.</i>	
<i>I'm too scared.</i>	

